

Search for better clues for prostate cancer detection

Currently, PSA (prostate specific antigen) screening is the gold standard for prostate cancer testing although it is not a perfect marker. Many prostate cancer cases are far advanced before they're found, while some others may carry the disease throughout their lives without observable symptoms.

By following around 500 men with prostate cancer we hope to find new kind/s of blood and urinary markers, allowing doctors to screen and treat prostate cancer more appropriately. We also wish to see whether we can give the patients dietary advice for the purpose of disease control.

If you have a proven diagnosis of prostate cancer and are within the age of 40-80y and have not yet started on treatment procedures other than hormone and radiation therapies, we are waiting to hear from you.

All we ask from you is

- your consent,
- a blood and urine sample,
- filling out a health and lifestyle questionnaire
- and keeping a four day food and activity diary

To enroll or if you have questions, please call 09-9236372 or email Prof. Lynn Ferguson at l.ferguson@auckland.ac.nz