

PCF March 2011

Welcome to the PCF E-Newsletter

Prostate Cancer Foundation 2nd Public Lecture



Dr Rosie King

On 2nd Feb the Foundation hosted a lecture by internationally acclaimed sex educator, therapist and best-selling author, Dr Rosie. She talked to men and their partners about prostate cancer and sexuality.

She talked about how “Many couples are unprepared for the changes to sexual function that accompany treatment for prostate cancer. Most men who are treated for prostate cancer will experience a decline in erectile function and this can be distressing for both partners.” She talked about the range of treatments available to help couples get their sex lives back on track.

Her talk was well received by those who attended and numerous questions were fielded. At the end of the evening the audience were treated to nibbles and some of our sponsor's wine – McKenzie's Pardon.

The evening was videoed and will be distributed to the branches in the near future. Like the previous video the slideshow slides have been edited into the footage shot on the night,

Cycle Challenge

When David Devole of Placemakers Whangaporoa came up with the idea of entering a team into the



Wellington to Auckland Cycle Challenge to publicize The Prostate Cancer Foundation none of us realised how much publicity it would generate.

With Hamish McKay, the anchor man for TV's Sport, being in the team and Placemakers generously providing the outside broadcast van for the whole trip, the stage was set for the nightly primetime promotion of PCF. Hamish had set a target of raising \$10,000 during the week, which he achieved. The Foundation wishes to thank the generosity of Hamish and the Placemakers team.

Queenstown Car Extravaganza

Once every 2 years on the last weekend of February Queenstown reverberates with the sound of exotic car engines and locals know the Auto Extravaganza has come to town. The event raises funds for the Prostate Cancer Foundation and allows enthusiasts from all over New Zealand to display their cars in a unique setting.



Johnny Reid's arrival at the car cruise



2011 Mercedes SLS Gull Wing

The weekend started on Friday night with a 200 strong car cruise around the Wakatipu area, ending at a party at Peregrine Winery in the Gibbston Valley. Prostate Cancer Foundation's Ambassador and motor race driver,

Jonny Reid, in style in a 'water powered' V8 hot rod was interviewed by Coxeby about the cars he has owned, his life as a racing driver and other motoring exploits.

Despite the event starting only a few days after the Christchurch earthquake hundreds of car enthusiasts and families basked in sunshine to enjoy both the outdoor public car exhibition and the exotic motor racing cars in the Queenstown Events Centre on Saturday. A mind-blowing collection of racing, street, and classic, supercars were on display.

The indoor display in the Queenstown Events Centre were lines of exotic cars including

- 1957 Mercedes 300SL,
- A brand new 2011 Mercedes Benz SLS Gull Wing.
- The PDL Mustang 1 is New Zealand's most famous racing Mustang. Brought to New Zealand in 1970, the car was campaigned in several colours by Paul Fahey, Graham Baker, and most successfully by Leo Leonard.
- A 2003 Dodge Charger Kasey Kahne Nascar that raced in the Daytona 500.
- The Alfa Romeo 8C Competizione to feature in the Vincent Holdings Salon of Style is believed to be the only road legal car of its kind in Australasia.
- The McLaren Elva M1B has been fully restored after a previous owner found it in pieces and for sale in the USA in 1987.
- The Aston Martin DBS Volante, a Bond favourite, is owned by Queenstown-based businessman Michael Hill.
- The Ferrari 275 GTB is considered by many to be in the top three Ferraris of all time. This particular model was first delivered in Italy and spent time in the USA and Switzerland before arriving in NZ in 2004.



The message got out there

cars from around the country; classics, sports and quirky cars lined the embankments. In the quirky section there was even a genuine 4WD Mini Moke with 2 engines, one in the front, one at the back. The range of models is just fascinating, covering a broad spectrum of cars across the motoring era.

On Sunday it was time for the 1/8 mile car sprint in Dalefield, where 30 vehicles of all ages and styles were honed down to the fastest 'top six' that raced against each other in a recharge. Reaching speeds of up to 160kmh, Daniel Kerby came first in the Nissan Skyline GTR Godzilla, second was Mark Bremmer in a T Bucket Hot Rod, and third was Steve Butter in his Valiant Charger.



Jean & Christine manning the PCF Stall

Public Experience of seeking a PSA Test

The Foundation is interested to hear about the public's experience when seeking PSA tests.

People wishing to relate their experiences should use the form at the bottom of the contact page of the web site www.prostate.org.nz/contact start the message with words PSA Experience

Buy A Plate - Save A Mate

Last Week Dene Ainsworth was asked to collect a cheque from Smith & McKenzie [Chophouse], in Chartwell Hamilton. Smith & McKenzie is a bar and restaurant designed as a tribute to the old New York steakhouses and is a blend of the industrial and modern with historical butchery aspects. The Chartwell operation is very successful and is very popular with local residents plus those from the greater Hamilton area.



Dene Ainsworth Jo Skeates and Pete Forman, restaurant manager

For Blue September they arranged a series of events including one called 'Buy A Plate - Save A Mate' where Smith & McKenzie donated \$5 to PCF for every purchase of that particular dish throughout September' where Smith & McKenzie donated \$5 to PCF for every purchase of that particular dish throughout September. There was also an auction night where sports memorabilia and a number of other 'goodies' that local businesses had donated.

The request from Auckland University.

Search for better clues for prostate cancer detection

Currently, PSA (prostate specific antigen) screening is the gold standard for prostate cancer testing although it is not a perfect marker. Many prostate cancer cases are far advanced before they're found, while some others may carry the disease throughout their lives without observable symptoms.

By following around 500 men with prostate cancer we hope to find new kind/s of blood and urinary markers, allowing doctors to screen and treat prostate cancer more appropriately. We also wish to see whether we can give the patients dietary advice for the purpose of disease control.

If you have a proven diagnosis of prostate cancer and are within the age of 40-80y and have not yet started on treatment procedures other than hormone and radiation therapies, we are waiting to hear from you. All they ask from you is:

- your consent,
- a blood and urine sample, filling out a health and lifestyle questionnaire and keeping a four day food and activity diary
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To enroll or if you have questions, please call 09-9236372 or email Prof. Lynn Ferguson at l.ferguson@auckland.ac.nz